



Food Relief during COVID-19

Food relief in NSW is available for people who are experiencing hardship and do not have the means to obtain their own groceries.

Food relief is also available for people who have been directed to self-isolate by NSW Health and do not have the means to obtain their own groceries during the period of isolation.

For food relief when self-isolating



Positive COVID cases and their close contacts who are directed to self-isolate by NSW Health, and do not have a means to obtain their own groceries, can contact NSW Health to arrange for food relief on **1800 943 553**.

Food relief for the community



The NSW Government has provided additional funding to Foodbank and OzHarvest to provide hampers, cooked meals, fresh food and other food relief products to community organisations, local councils and schools across NSW.

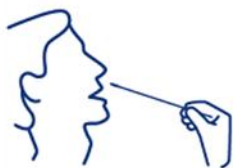


Local community organisations and councils are working with Foodbank and OzHarvest to coordinate the distribution of food to individuals and other organisations in their communities.



Service providers can talk to their local networks and councils for advice on how to support clients.

Service providers can also get help from Foodbank www.foodbank.org.au or OzHarvest www.ozharvest.org



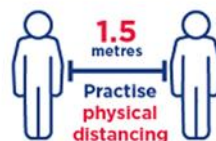
Got COVID-19 symptoms?
Get tested



Practise good hygiene



Check in and out



Practise physical distancing



wear a mask
if you can't keep a distance of 1.5m



Get vaccinated

Resources and support



OzHarvest

www.ozharvest.org/food/receive-food-individuals/

02 9516 3877

Foodbank

www.foodbank.org.au/

02 9756 3099

E: office@foodbanknsw.org.au

SecondBite

<https://www.secondbite.org/>

Anglicare emergency assistance

www.anglicare.org.au/what-we-offer/food-and-financial-assistance/help-with-food/

St Vincent de Paul food services

www.vinnies.org.au/page/Find_Help/NSW/Food/

13 18 12

Salvation Army Emergency Relief Team

1300 371 288

DCJ Service Providers can find other helpful resources at:

www.coronavirus.dcj.nsw.gov.au/service-providers/helpful-resources

Individuals can find their closest food relief charity at:

<https://askizzy.org.au/food>

A range of Government supports are also available at:

www.nsw.gov.au